8 KNOTS.

CATERING MENU

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PLATTERS

THE EARLY BIRD

BREKKY WRAPS | 90

Bacon | egg | avocado | cheese | spinach & choice of sauce

BACON & EGG BREAKFAST ROLLS | 95

Popular breakfast rolls together with bacon & egg with your choice of sauce (tomato | bbq | aioli | relish | chilli | roquette)

MIXED FILLING CROISSANTS | 55

Fresh Croissant filled with ham | cheese | tomato & roquette

CHEF'S SPECIAL HALOUMI WRAP | 90 L

Grilled Haloumi | egg | spinach | avocado | fresh tomato with aioli

FRESHLY BAKED — MIXED MUFFINS 8-10pp | 55 Mixed Berry | Apple Cinnamon | Chocolate

FINGER SANDWICHES AND/OR WRAPS | 90 L

CHICKEN PESTO AVOCADO

poached chicken breast marinated in homemade sauce and pesto avocado | sun dried tomatoes | baby spinach

TANDOORI CHICKEN

Tandoori chicken breast marinated in fresh homemade mint sauce sweet chilli I sun dried tomatoes I baby spinach

HAM CHEESE TOMATOES

thinly sliced ham I tasty cheese I spinach I homemade relish

SMOKED SALMON

Smoked salmon | avocado | onion | cucumber | homemade sauce | baby spinach

TUNA AND AVOCADO SALAD

Tuna mixed with diced onion I cucumber I avocado I sweet chilli homemade sauce I baby spinach

SALAD

Fresh sliced tomatoes | avocado | beetroot | tasty sliced cheese sun dried tomatoes | baby spinach | homemade sauce

EGG CURRY

Freshly boiled smashed eggs marinated in mayonnaise | curry powder | baby spinach

PROSCIUTTO AND BOCCONCINI

Thinly sliced prosciutto | bocconcini | sliced tomato | sundried tomato avocado | homemade sauce | baby spinach



PLATTERS

FRESH FRUIT SALAD | 60 (1) 35 (5)

Seasonal sliced mixed fresh fruits platter

FRESH FROM THE GARDEN

CHICKEN PESTO AVOCADO SALAD | 75 (40 (

Grilled chicken breast fillet marinated with pesto | mixed lettuce | cucumber tomato | sun-dried tomato | olives | feta | onions | avocado and pine nuts

TRADITIONAL GREEK SALAD | 65 (35 (

Pitted kalamata olives | chunky cucumber | red onion | cherry tomato diced Feta cheese | red & green capsicum | rich lemon dressing

ROASTED BUTTERNUT PUMPKIN AND HALLOUMI SALAD | 75 **(L)** 40 **(S)**

Mixed lettuce | halloumi | pumpkin cucumber | tomato | sun-dried tomato olives I feta I onions I avocado and roasted pine nuts

GARLIC PRAWNS AND AVOCADO SALAD | 80 (44 (S)

Fresh garlic marinated prawns | mixed lettuce | cucumber | tomato sun-dried tomato | olives | feta | onions | avocado | sesame seeds

PROSCIUTTO AND SEASONAL FRESH FRUIT SALAD | 80 44

Grilled prosciutto | mixed lettuce | cucumber | tomato | sun-dried tomato olives | feta | onions | avocado | fresh fruit | parmesan cheese

SMOKED SALMON AND AVOCADO SALAD | 80 (44 (

Mixed lettuce | smoked salmon | cucumber | tomato | sun-dried tomato olives | feta | onions | avocado | sesame seeds

CLASSIC CHICKEN CAESAR SALAD | 70 40 S

Cos lettuce | croutons | crispy bacon | grilled chicken | boiled eggs parmesan and a creamy traditional homemade dressing

PASTA SALADS

CREAMY CHICKEN PESTO PENNE PASTA SALAD | 75 (40 (S)

Fresh basil pesto tossed with steamed pasta | sundried tomato baby spinach | freshly poached chicken breast and a rich egg mayonnaise.

PUMPKIN AND GREEK FETTA PASTA SALAD | 65 (1) 35 (5)

A classic favourite roasted pumpkin | tossed with diced Greek feta | sliced red onion cherry tomatoes | sundried tomatoes | flat leaf parsley | spiral pasta and a citrus dressing.

ANTIPASTO GRILLED VEGETABLE AND PASTA SALAD | 65 (1) 35 (5)

Oven Roasted vegetables with grilled halloumi | pesto | peanuts cherry tomatoes | sundried tomato | olives and baby spinach.



PLATTERS

HOME MADE — SAVOURY

PREMIER CHEESE PLATTER | 110

GOURMET MEAT PLATTER | 90

Served with a section of breads & crackers | cheese | meats | marinated pickles & vegetables | fetta stuffed peppers | olives | dried & fresh fruits

SPINACH PUMPKIN FETTA FRITATAS | 70 (1) (1)

SPINACH RICOTTA QUICHE | 65 (1)

8 KNOTS PASTAS

750g — serves 2pp

SPAGHETTI BOLOGNESE | 19.5

Slow cooked tomato sauce | beef minced | fresh basil leaves

PENNE NAPOLETANA | 17

Slow cooked tomato sauce with mixed herbs | olive oil | fresh basil

CHILLI GARLIC PRAWN PASTA | 22

Napoli sauce | garlic | chilli prawns | olive oil

MEDITERRANEAN VEGETABLE PASTA | 20

Napoli sauce | eggplant | zucchini | olives | mushroom | capsicum | onion

HOMEMADE BEEF LASAGNE | 16

INDIAN CURRY

750g — serves 2pp

CHICKEN CURRY 750gm | 20

Traditionally known as murgha makhani, an Indian type of curry made with chicken and mildly spiced tomato and butter sauce chicken I yoghurt I garlic I ginger I garam masala I tumeric I cumin butter | tomatoes | cream | sugar | cashews | coriander

ROGAN JOSH 750gm 20

pieces of lamb or mutton braised with a gravy flavoured with garlic, ginger and aromatic spices (clove, bay leaves, cardamom, and cinnamon)

LENTIL CURRY | 20

choice of lentil | garlic | ginger | tumeric | tomatoes | onion | butter | spices



VEG BIRYANI | 20

basmati rice | cardamom | cloves | bay leaf | cinnamon stick cumin seeds | onion | carrots | seasonal vegetables | yoghurt | cashews

PANEER PAKORA | 20

cottage cheese | flour | tumeric | asafoetida | garma masala | chat masala

APPETISERS

SALMON APPETISER

cream cheese | smoked salmon | cucumber | lemon juice | salt & pepper | garlic

DUMPLINGS (MOMO)

filled with either meat or vegetables I onion I coriander I ginger I garlic I chilli

VEGETARIAN SAMOSA 4.9 ea

(minimum order 10 pcs)

MEAT SAMOSA 5.1 ea

(minimum order 10 pcs)

